



## ATFC Summer Junior Swim Team



\*Duration: June 2<sup>nd</sup> - August 27th

\*Days: Tuesday, Wednesday & Thursdays

\*Time: 5:45-6:45pm

\*Cost: \$70 per month or \$8.00/day Drop In

\*Ages: 10 and up

ATFC is offering a summer Junior Swim Team program for participants who have completed all levels of swim lessons.

Coach Janine Smith will cover swim stroke techniques as well as endurance training and turns. This program is designed to prepare juniors for competitive swimming.



Sign up at ATFC  
735 Jefferson Ave, Ashland  
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(541)482-4073