


Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 French toast & sausage Zucchini Bread Biscuits & gravy</p> <p>Sweet & sour Chicken & rice Meatball subs Salads, sandwiches & wraps</p>	<p>2 Breakfast Tornado Fruit Frudel Waffles & sausage</p> <p>Pizza Orange chicken & rice Salads, sandwiches & wraps</p>	<p>3 Pancake & sausage Wrap Oatmeal Bar Breakfast Pizza</p> <p>Pork Rib sandwich & tots Nachos Salads, sandwiches & wraps</p>	<p>4 Scramble eggs, toast, Hash browns Fruit Muffins, & breakfast Stick</p> <p>Pizza Corn dogs & tots Salads, sandwiches & wraps</p>	<p>5 Cinnamon Rolls Croissant breakfast sandwich Made to order pancakes</p> <p>Cheeseburger & FF Steak or Chicken tornados Salads, sandwiches & wraps</p>
<p>8 French toast & sausage Zucchini Bread Biscuits & gravy</p> <p>Nacho Taco's Salads, sandwiches & wraps</p>	<p>9 Breakfast Tornado Fruit Frudel, & waffles Pizza Corn Dogs & Tatar tots Salads, sandwiches & wraps</p>	<p>10 Pancake & sausage Wrap Oatmeal Bar, breakfast pizza Chicken Burgers & FF Chicken or veggie Alfredo Salads, sandwiches & wraps</p>	<p>11 NO SCHOOL</p>	<p>12 NO SCHOOL</p>
<p>15 French toast & sausage Zucchini Bread Biscuits & gravy</p> <p>Teriyaki Meat balls & rice Cheese Stuffed sticks Salads, sandwiches & wraps</p>	<p>16 Breakfast Tornado Fruit Frudel Waffles & sausage</p> <p>Beef or Veggie Chili Pizza Salads, sandwiches & wraps</p>	<p>17 Pancake & sausage Wrap Oatmeal Bar Breakfast Pizza</p> <p>General Tso's chicken & rice Chicken Burgers & FF Salads, sandwiches & wraps</p>	<p>18 Scramble eggs, toast & hash browns Fruit Muffins, & breakfast Stick</p> <p>Chefs choice of scratch made Pizza Salads, sandwiches & wraps</p>	<p>19 Cinnamon Rolls Croissant breakfast sandwich Made to order pancakes</p> <p>Cheeseburgers & FF Hot dogs & tots Salads, sandwiches & wraps</p>
<p>22 French toast & sausage Zucchini Bread Biscuits & gravy</p> <p>Sweet & sour Chicken & rice Meatball subs Salads, sandwiches & wraps</p>	<p>23 Breakfast Tornado Fruit Frudel Waffles & sausage</p> <p>Pizza Orange chicken & rice Salads, sandwiches & wraps</p>	<p>24 Pancake & sausage Wrap Oatmeal Bar Breakfast Pizza</p> <p>Pork Rib sandwich & tots Nachos Salads, sandwiches & wraps</p>	<p>25 Scramble eggs, toast & tots Fruit Muffins, & breakfast Stick</p> <p>Pizza Corn dogs & tots Salads, sandwiches & wraps</p>	<p>26 Cinnamon Rolls Croissant breakfast sandwich Made to order pancakes</p> <p>Locally produced LUNCH Beef or vegetarian chili All local salad bar</p>
<p>29 French toast & sausage Zucchini Bread Biscuits & gravy</p> <p>Nacho Taco's Salads, sandwiches & wraps</p>	<p>30 Breakfast Tornado Fruit Frudel Waffles & sausage</p> <p>Pizza Corn Dogs & Tatar tots Salads, sandwiches & wraps</p>	<p>31 Pancake & sausage Wrap Oatmeal Bar Breakfast Pizza</p> <p>Chicken Burgers & FF Chicken or veggie Alfredo Salads, sandwiches & wraps</p>	<p> All Pizza, Nachos, beef tacos, lasagna, spaghetti, meatloaf and chili are all locally supplied. As much as seasons will allow, the salad bar will be stocked with local produce.</p>	<p>All Pizza, Nachos, beef tacos, lasagna, spaghetti, meatloaf and chili are all locally supplied. As much as seasons will allow, the salad bar will be stocked with local produce.</p>

- Breakfast: 1.75**
- Cold Whole Grain Cereal Every day
 - Fruit
 - Milk
- Lunch: 3.50**
- Endless salad bar
 - 1% White Milk
 - Fat Free Chocolate Milk
 - Fresh made wraps and salads daily

All breads and buns are 100% whole grain

All pasta is 51% Whole Wheat

Unlimited Fruits and Veggies with every meal purchased!

All Meals meet the Federal Healthy Hunger Free Act Guidelines



Local item(s) in lunch. Look for the rooster on the menu to find

when local items are included in school meals. The ASD is purchasing local vegetables from Fry Family Farm, local fruit from Valley View orchard and local beef from Dauenhauer Ranch

