


Ashland High School Menu

March 2018



Monday	Tuesday	Wednesday	Thursday	Friday	
26 <u>Breakfast</u> * French Toast & Sausage * Zucchini Bread <u>Lunch</u> * Nachos ◊ * Calzones ◊	27 <u>Breakfast</u> * Breakfast Tornado * Fruit Frudel◊ <u>Lunch</u> * Pizza ◊ * Rippers	28 <u>Breakfast</u> * Pancake Sausage Wrap * Oatmeal Bar ◊ <u>Lunch</u> * Chicken Burger & Fries * Corn Dogs w/ Fries	1 No School	2 No School	<p>Breakfast includes Milk and fruit. Cold cereal is offered daily as a third option. \$1.70</p> <p>Lunch Includes Bottomless Offering Bar and Milk. Custom made sandwiches and wraps are daily third option \$3.50</p> <p>Extra white milk may be purchased \$1.50</p> <p>All you can eat fruits and vegetables with every meal purchased</p>  <p>Fresh, local options available, check in and see what's on the tray today!</p>
5 <u>Breakfast</u> * French Toast & Sausage * Zucchini Bread <u>Lunch</u> * Teriyaki Meatballs on Rice * Stuffed Cheese Stix w/Marinara◊	6 <u>Breakfast</u> * Yogurt & Granola◊ * Fruit Frudel◊ <u>Lunch</u> * Salisbury Steak w/Mashed Potatoes & Roll * Pizza ◊	7 <u>Breakfast</u> * Pancake Sausage Wrap * Oatmeal Bar ◊ <u>Lunch</u> *Kung Pao Chicken w/Rice * Chicken Burger & Fries	8 <u>Breakfast</u> * Egg & Cheese Scramble w/Tots * Fruit Muffin ◊ <u>Lunch</u> * Try – It * Pizza ◊	9 <u>Breakfast</u> * Cinnamon Roll ◊ * Breakfast Sandwiches <u>Lunch</u> * Cheeseburger & Fries * Turkey Gravy w/Potatoes & Roll	
12 No School	13 <u>Breakfast</u> * Yogurt & Granola◊ * Fruit Frudel◊ <u>Lunch</u> * Pizza ◊ * Orange Chicken on Rice	14 <u>Breakfast</u> * Pancake Sausage Wrap * Oatmeal Bar ◊ <u>Lunch</u> * Pork Rib Sandwich /Corn * Nachos ◊	15 <u>Breakfast</u> * Egg & Cheese Scramble w/Tots * Fruit Muffin ◊ <u>Lunch</u> * Pizza ◊ * Corn Dog w/ Fries	16 <u>Breakfast</u> * Cinnamon Roll ◊ * Breakfast Sandwich <u>Lunch</u> * Cheeseburger & Fries * Steak or Chicken Tornado	
19 <u>Breakfast</u> * French Toast & Sausage * Zucchini Bread <u>Lunch</u> * Nachos ◊ * Calzones ◊	20 <u>Breakfast</u> * Tornado * Fruit Frudel◊ <u>Lunch</u> * Pizza ◊ * Rippers	21 <u>Breakfast</u> * Pancake Sausage Wrap * Oatmeal Bar ◊ <u>Lunch</u> * Chicken Burger & Fries * Corn Dogs w/ Fries	22 <u>Breakfast</u> * Egg & Cheese Scramble w/Tots * Fruit Muffin ◊ <u>Lunch</u> * Pizza ◊ * Turkey Gravy w/ Mashed Potatoes & Roll	23 <u>Breakfast</u> * Cinnamon Roll ◊ * Breakfast Sandwich <u>Lunch</u> * Steak or Chicken Tornado * Rippers ◊	
26 No School	27 No School	29 No School	30 No School	31 No School	

® = Scratch and Fresh made recipes

◊ = Vegetarian or can be made Vegetarian

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