


Ashland High School Menu February 2018



Monday	Tuesday	Wednesday	Thursday	Friday	
29 Breakfast * French Toast & Sausage * Zucchini Bread Lunch * General Tso's Chicken on Rice * Chicken Alfredo Pasta	30 Breakfast * Breakfast Tornado * Fruit Frudel◊ Lunch * Pizza ◊ * Orange Chicken on Rice	31 Breakfast * Pancake Sausage Wrap * Oatmeal Bar ◊ Lunch * Pork Rib Sandwich /Corn * General Tso's Chicken on Rice	1 Breakfast * Egg & Cheese Scramble w/Tots * Fruit Muffin ◊ Lunch * Pizza ◊ * Cheese Pocket w/ Soup du Jour◊	2 Breakfast * Cinnamon Roll ◊ * Breakfast Sandwich Lunch * Cheeseburger & Fries * Steak or Chicken Tornado	<p>Breakfast includes Milk and fruit. Cold cereal is offered daily as a third option. \$1.70</p> <p>Lunch Includes Bottomless Offering Bar and Milk. Custom made sandwiches and wraps are daily third option \$3.50</p> <p>Extra white milk may be purchased. \$.50</p> <p>All you can eat fruits and vegetables with every meal purchased</p>  <p>Fresh, local options available, check in and see what's on the tray today!</p>
5 Breakfast * French Toast & Sausage * Zucchini Bread Lunch * Nachos ◊ * Calzones ◊	6 Breakfast * Breakfast Tornado * Fruit Frudel◊ Lunch * Pizza ◊ * Rippers	7 Breakfast * Pancake Sausage Wrap * Oatmeal Bar ◊ Lunch * Chicken Burger & Fries * Corn Dogs w/ Fries	8 Breakfast * Egg & Cheese Scramble w/Tots * Fruit Muffin ◊ Lunch * Pizza ◊ * Turkey Gravy w/ Mashed Potatoes & Roll	9 Breakfast * Cinnamon Roll ◊ * Breakfast Sandwich Lunch * Steak or Chicken Tornado * Rippers ◊	
12 Breakfast * French Toast & Sausage * Zucchini Bread Lunch * Teriyaki Meatballs on Rice * Stuffed Cheese Stix w/Marinara◊	13 Breakfast * Breakfast Tornado * Fruit Frudel◊ Lunch * Salisbury Steak w/Mashed Potatoes & Roll * Pizza ◊	14 Breakfast * Pancake Sausage Wrap * Oatmeal Bar ◊ Lunch *Kung Pao Chicken w/Rice *Chicken Burger & Fries	15 Breakfast * Egg & Cheese Scramble w/Tots * Fruit Muffin ◊ Lunch * Try – It * Pizza ◊	16 Breakfast * Cinnamon Roll ◊ * Breakfast Sandwiches Lunch * Cheeseburger & Fries * Turkey Gravy w/Potatoes & Roll	
19 <p style="text-align: center;">No School</p>	20 Breakfast * Breakfast Tornado * Fruit Frudel◊ Lunch * Pizza ◊ * Orange Chicken on Rice	21 Breakfast * Pancake Sausage Wrap * Oatmeal Bar ◊ Lunch * Pork Rib Sandwich /Corn * Nachos ◊	22 Breakfast * Egg & Cheese Scramble w/Tots * Fruit Muffin ◊ Lunch * Pizza ◊ * Corn Dog w/ Fries	23 Breakfast * Cinnamon Roll ◊ * Breakfast Sandwich Lunch * Cheeseburger & Fries * Steak or Chicken Tornado	
26 Breakfast * French Toast & Sausage * Zucchini Bread Lunch * Nachos ◊ * Calzones ◊	27 Breakfast * Breakfast Tornado * Fruit Frudel◊ Lunch * Pizza ◊ * Rippers	28 Breakfast * Pancake Sausage Wrap * Oatmeal Bar ◊ Lunch * Chicken Burger & Fries * Corn Dogs w/ Fries	<p style="text-align: center;">No School</p>	<p style="text-align: center;">No School</p>	

In accordance with Federal law and US Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability.