

Ashland High School Menu **December 2017**



Monday	Tuesday	Wednesday	Thursday	Friday
27 Breakfast * French Toast & Sausage * Breakfast Tornado Lunch * Teriyaki Meatballs on Rice * Stuffed Cheese Stix w/Marinara	28 Breakfast * Yogurt & Granola * Fruit Frudel Lunch * Salisbury Steak w/Mashed Potatoes & Roll * Pizza	29 Breakfast * Pancake Sausage Wrap * Oatmeal Bar Lunch * General Tso's Chicken on Rice * Chicken Burger & Fries	30 Breakfast * Egg & Cheese Scramble w/Tots * Fruit Muffin Lunch * Try - It * Pizza	1 Breakfast * Cinnamon Roll * Breakfast Sandwiches Lunch * Cheeseburger & Fries * Turkey Gravy w/Potatoes & Roll
4 Breakfast * French Toast & Sausage * Breakfast Tornado Lunch * General Tso's Chicken on Rice * Calzones * Chicken Alfredo Pasta	5 Breakfast * Yogurt & Granola * Fruit Frudel Lunch * Pizza * Orange Chicken on Rice	6 Breakfast * Pancake Sausage Wrap * Oatmeal Bar Lunch * Pork Rib Sandwich /Corn * Nachos	7 Breakfast * Egg & Cheese Scramble w/Tots * Fruit Muffin Lunch * Pizza * Cheese Pocket w/ Soup du Jour * Corn Dog w/ Fries	8 Breakfast * Cinnamon Roll * Breakfast Sandwich Lunch * Eggrolls & Rice * Cheeseburger & Fries * Steak or Chicken Tornado
11 Breakfast * French Toast & Sausage * Breakfast Tornado Lunch * Nachos * Calzones	12 Breakfast * Yogurt & Granola * Fruit Frudel Lunch * Pizza * Kung Pao Chicken	13 Breakfast * Pancake Sausage Wrap * Oatmeal Bar Lunch * Chicken Burger Fries * Corn Dogs w/ Fries * Gardenburgers w/Fries	14 Breakfast * Egg & Cheese Scramble w/Tots * Fruit Muffin Lunch * Pizza * Turkey Gravy w/ Mashed Potatoes & Roll	15 Breakfast * Cinnamon Roll * Breakfast Sandwich Lunch * Egg Rolls & Rice * Rippers * Meatloaf w/Mashed Potatoes & Roll
18 No School	19 No School	20 No School	21 No School	22 No School
25 No School	26 No School	27 No School	28 No School	29 No School

Breakfast
includes Milk and fruit. Cold cereal is offered daily as a third option. \$1.70

Lunch
Includes Bottomless Offering Bar and Milk. **Custom made sandwiches and wraps** are daily third option \$3.50

Extra white milk may be purchased. \$.50

All you can eat fruits and vegetables with every meal purchased



Fresh, local options available, check in and see what's on the tray today!

Ⓜ = Scratch and Fresh made recipes ◇ = Vegetarian or can be made vegetarian