



Ashland High School Menu

April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Breakfast</p> <ul style="list-style-type: none"> * Waffles & Sausage * Zucchini Bread <p>Lunch</p> <ul style="list-style-type: none"> * Teriyaki Meatballs on Rice * Stuffed Cheese Stix w/Marinara◇ 	<p>3 Breakfast</p> <ul style="list-style-type: none"> * Yogurt & Granola◇ * Fruit Frudel◇ <p>Lunch</p> <ul style="list-style-type: none"> * Salisbury Steak w/Mashed Potatoes & Roll * Pizza ◇ 	<p>4 Breakfast</p> <ul style="list-style-type: none"> * Pancake Sausage Wrap * Oatmeal Bar ◇ <p>Lunch</p> <ul style="list-style-type: none"> *Kung Pao Chicken w/Rice * Chicken Burger & Fries 	<p>5 Breakfast</p> <ul style="list-style-type: none"> * Egg & Cheese Scramble w/Tots * Fruit Muffin ◇ <p>Lunch</p> <ul style="list-style-type: none"> * Try – It * Pizza ◇ 	<p>6 Breakfast</p> <ul style="list-style-type: none"> * Cinnamon Roll ◇ * Breakfast Sandwiches <p>Lunch</p> <ul style="list-style-type: none"> * Cheeseburger & Fries * Turkey Gravy w/Potatoes & Roll
<p>9 Breakfast</p> <ul style="list-style-type: none"> * Waffles & Sausage * Zucchini Bread <p>Lunch</p> <ul style="list-style-type: none"> * General Tso's Chicken on Rice * Rippers ◇ 	<p>10 Breakfast</p> <ul style="list-style-type: none"> * Yogurt & Granola◇ * Fruit Frudel◇ <p>Lunch</p> <ul style="list-style-type: none"> * Pizza ◇ * Tangerine Chicken on Rice 	<p>11 Breakfast</p> <ul style="list-style-type: none"> * Pancake Sausage Wrap * Oatmeal Bar ◇ <p>Lunch</p> <ul style="list-style-type: none"> * Pork Rib Sandwich /Corn * Nachos ◇ 	<p>12 Breakfast</p> <ul style="list-style-type: none"> * Egg & Cheese Scramble w/Tots * Fruit Muffin ◇ <p>Lunch</p> <ul style="list-style-type: none"> * Pizza ◇ * Corn Dog w/ Fries 	<p>13 Breakfast</p> <ul style="list-style-type: none"> * Cinnamon Roll ◇ * Breakfast Sandwich <p>Lunch</p> <ul style="list-style-type: none"> * Cheeseburger & Fries * Steak or Chicken Tornado
<p>16 Breakfast</p> <ul style="list-style-type: none"> * Waffles & Sausage * Zucchini Bread <p>Lunch</p> <ul style="list-style-type: none"> * Nachos ◇ * Calzones ◇ 	<p>17 Breakfast</p> <ul style="list-style-type: none"> * Tornado * Fruit Frudel◇ <p>Lunch</p> <ul style="list-style-type: none"> * Pizza ◇ * Rippers 	<p>18 Breakfast</p> <ul style="list-style-type: none"> * Pancake Sausage Wrap * Oatmeal Bar ◇ <p>Lunch</p> <ul style="list-style-type: none"> * Chicken Burger & Fries * Corn Dogs w/ Fries 	<p>19 Breakfast</p> <ul style="list-style-type: none"> * Egg & Cheese Scramble w/Tots * Fruit Muffin ◇ <p>Lunch</p> <ul style="list-style-type: none"> * Pizza ◇ * Turkey Gravy w/ Mashed Potatoes & Roll 	<p>20 Breakfast</p> <ul style="list-style-type: none"> * Cinnamon Roll ◇ * Breakfast Sandwich <p>Lunch</p> <ul style="list-style-type: none"> * Steak or Chicken Tornado * Rippers ◇
<p>23 Breakfast</p> <ul style="list-style-type: none"> * Waffles & Sausage * Zucchini Bread <p>Lunch</p> <ul style="list-style-type: none"> * Teriyaki Meatballs on Rice * Stuffed Cheese Stix w/Marinara◇ 	<p>24 Breakfast</p> <ul style="list-style-type: none"> * Yogurt & Granola◇ * Fruit Frudel◇ <p>Lunch</p> <ul style="list-style-type: none"> * Salisbury Steak w/Mashed Potatoes & Roll * Pizza ◇ 	<p>25 Breakfast</p> <ul style="list-style-type: none"> * Pancake Sausage Wrap * Oatmeal Bar ◇ <p>Lunch</p> <ul style="list-style-type: none"> *Kung Pao Chicken w/Rice * Chicken Burger & Fries 	<p>26 Breakfast</p> <ul style="list-style-type: none"> * Egg & Cheese Scramble w/Tots * Fruit Muffin ◇ <p>Lunch</p> <ul style="list-style-type: none"> * Try – It * Pizza ◇ 	<p>27 Breakfast</p> <ul style="list-style-type: none"> * Cinnamon Roll ◇ * Breakfast Sandwiches <p>Lunch</p> <ul style="list-style-type: none"> * Cheeseburger & Fries * Turkey Gravy w/Potatoes & Roll
<p>30 Breakfast</p> <ul style="list-style-type: none"> * Waffles & Sausage * Zucchini Bread <p>Lunch</p> <ul style="list-style-type: none"> * General Tso's Chicken on Rice * Rippers ◇ 	<p>1 Breakfast</p> <ul style="list-style-type: none"> * Yogurt & Granola◇ * Fruit Frudel◇ <p>Lunch</p> <ul style="list-style-type: none"> * Pizza ◇ * Tangerine Chicken on Rice 	<p>2 Breakfast</p> <ul style="list-style-type: none"> * Pancake Sausage Wrap * Oatmeal Bar ◇ <p>Lunch</p> <ul style="list-style-type: none"> * Pork Rib Sandwich /Corn * Nachos ◇ 	<p>3 Breakfast</p> <ul style="list-style-type: none"> * Egg & Cheese Scramble w/Tots * Fruit Muffin ◇ <p>Lunch</p> <ul style="list-style-type: none"> * Pizza ◇ * Corn Dog w/ Fries 	<p>4 Breakfast</p> <ul style="list-style-type: none"> * Cinnamon Roll ◇ * Breakfast Sandwich <p>Lunch</p> <ul style="list-style-type: none"> * Cheeseburger & Fries * Steak or Chicken Tornado

Breakfast
includes Milk and fruit. Cold cereal is offered daily \$1.50

Lunch
Includes Bottomless Offering Bar and Milk. **Custom made sandwiches and wraps** are daily fourth option \$3.50

Extra milk may be purchased. \$.50



All you can eat fruits and vegetables with every meal purchased!!

Fresh, local options available, check in and see what's on the tray today!

® = Scratch and Fresh made recipes

◇ = Vegetarian or can be made Vegetarian

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