

# DECEMBER 2018

## Elementary Breakfast

Every Breakfast comes with a choice of protein & fruit

Students 1.50 Adults 2.00  
All meals include milk & unlimited fruit, choice of string cheese, yogurt or eggs

Monday

Tuesday

Wednesday

Thursday

Friday

3

Oatmeal & fruit  
Or  
Cereal

4

French Toast & sausage  
Or  
Cereal

5

Egg and cheese burrito  
Or  
Cereal

6

Breakfast Tornado  
Or  
Cereal

7

Cinnamon Rolls  
Or  
Cereal

10

Fruit Muffins  
Or  
Cereal

11

Scramble eggs & cheese  
hash browns  
Or  
Cereal

12

Breakfast Tornado  
Or  
Cereal

13

Pancake Wrap  
Or  
Cereal

14

Cinnamon Rolls  
Or  
Cereal

17

Zucchini Bread  
Or  
Cereal

18

Berry Pancakes  
Sausage  
Or  
Cereal

19

Breakfast Tornado  
or  
Cereal

20

Yogurt Parfait w/ granola  
and berries  
Or  
Cereal

21

Cinnamon Rolls  
Or  
Cereal

24

Winter Break



26

Winter Break

27

Winter Break

28

Winter Break

31

Winter Break



All meals meet the Federal Healthy Hunger free kids act of America

You may pay on your students account or apply for benefits at any school office or online on the school district web site

<http://www.ashland.k12.or.us/foodservices> and [www.mymealtime.com](http://www.mymealtime.com) to track your students account.

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