



Ashland Elementary School Menu

Aug/Sept 2017



Monday Chocolate Milk	Tuesday	Wednesday Chocolate Milk	Thursday	Friday Chocolate Milk
28 Breakfast Whole Grain Poptart ◊ Lunch * Pizza ◊ * Fish Nuggets w/Sweet Fries * Roast Turkey Sandwich	29 Breakfast Freshmade Muffin ◊ Lunch * Orange Chicken & Rice * Meatball Sub * Veggie Wrap ◊	30 Breakfast Breakfast Berry Round ◊ Lunch * Salisbury Steak w/Potatoes & Roll * Bean & Cheese Burrito ◊® * Roast Turkey Sandwich	31 Breakfast Pancake Wrap Lunch * Hamburger & Fries * Quesadilla & Beans ® * Roast Turkey Sandwich	1 Breakfast Cinnamon Roll ◊ Lunch * Hotdog & Fries * Spaghetti & Meatballs ◊ * Roast Turkey Sandwich
4 Labor Day No School	5 Breakfast Blueberry Pancakes ◊ Lunch * Pizza * Cheese Pocket & Tomato Soup ◊ * Bagel w/ SunButter	6 Breakfast Breakfast Burrito ◊ Lunch * Roast Chicken & Potatoes w/Roll * Fish Nuggets w/ Fries * Bagel & Cheese Stick ◊	7 Breakfast French Toast Sticks ◊ Lunch * Orange Chicken & Rice * Pizza ◊ * Bagel w/ SunButter ◊	8 Breakfast Cinnamon Roll ◊ Lunch * Corndog & Fries * Pretzel & Cheese ◊ * Bagel & Cheese Stick ◊
11 Breakfast Fruit Pocket w/Cheese Stick ◊ Lunch * Mac & Cheese ◊® * Pizza ◊ * Tuna Sandwich	12 Breakfast Freshmade Muffin ◊ Lunch * French Toast & Sausage ◊ * Chef's Choice * Tuna Sandwich	13 Breakfast Whole Grain Poptart ◊ Lunch * Pizza ◊ * Turkey Gravy w/Potatoes & Roll * Tuna Sandwich	14 Breakfast Breakfast Burrito ◊ Lunch * Stuffed Cheese Stix w/Marinara ◊ * Fish Nuggets w/Sweet Fries * Tuna Sandwich	15 Breakfast Cinnamon Roll ◊ Lunch * Orange Chicken ◊w/Rice * Nachos ◊ * Veggie Wrap ◊
18 Breakfast Whole Grain Poptart ◊ Lunch * Pizza ◊ * Fish Nuggets w/Sweet Fries * Roast Turkey Sandwich	19 Breakfast Freshmade Muffin ◊ Lunch * Orange Chicken & Rice * Meatball Sub * Veggie Wrap ◊	20 Breakfast Breakfast Berry Round ◊ Lunch * Salisbury Steak w/Potatoes & Roll * Bean & Cheese Burrito ◊® * Roast Turkey Sandwich	21 Breakfast Pancake Wrap Lunch * Hamburger & Fries * Quesadilla & Beans ◊® * Roast Turkey Sandwich	22 Breakfast Cinnamon Roll ◊ Lunch * Hotdog & Fries * Spaghetti & Meatballs ◊ * Roast Turkey Sandwich
25 Breakfast Yogurt w/ Graham Crackers◊ Lunch * Bean & Cheese Burrito ◊ * Soft Taco * Bagel & Cheese Stick ◊	26 Breakfast Blueberry Pancakes ◊ Lunch * Pizza * Cheese Pocket & Tomato Soup ◊ * Bagel w/ SunButter ◊	27 Breakfast Breakfast Burrito ◊ Lunch * Roast Chicken & Potatoes w/Roll * Fish Nuggets w/ Fries * Bagel & Cheese Stick ◊	28 Breakfast French Toast Sticks ◊ Lunch * Orange Chicken & Rice * Pizza ◊ * Bagel w/ SunButter ◊	29 Breakfast Cinnamon Roll ◊ Lunch * Corndog & Fries * Pretzel & Cheese ◊ * Bagel & Cheese Stick ◊

Tasting Tables will be returning every month. Check website for more details.

Breakfast includes Milk and fruit. Cold cereal is offered daily as a second option. \$1.50

Lunch Includes Bottomless Offering Bar and Milk. \$2.50

Extra white milk may be purchased. \$.50

Make your tray Right way!



BALANCE FRUITS, VEGGIES AND TREATS!

Make half your tray Fruits and Veggies!

® = Fresh made recipes ◊ = vegetarian or can be made vegetarian

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