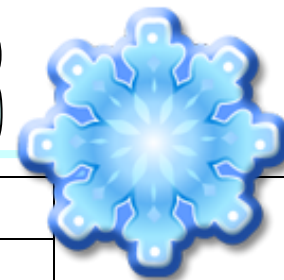


# Ashland Elementary School Menu January 2018



Monday <i>Chocolate Milk</i>	Tuesday	Wednesday <i>Chocolate Milk</i>	Thursday	Friday <i>Chocolate Milk</i>
<b>1</b>  <b>No School</b>	<b>2</b> <u>Breakfast</u> Berry Pancakes ◊  <u>Lunch</u> * Pizza ◊ * Cheese Pocket & Tomato Soup ◊ * Bagel w/ SunButter ◊	<b>3</b> <u>Breakfast</u> Breakfast Tornado◊  <u>Lunch</u> * Turkey Gravy & Potatoes w/Roll * Fish Nuggets & Fries * Bagel & Cheese Stick ◊	<b>4</b> <u>Breakfast</u> French Toast Sticks◊  <u>Lunch</u> * Orange Chicken & Rice * Pizza ◊ * Bagel w/ SunButter ◊	<b>5</b> <u>Breakfast</u> Cinnamon Roll ◊  <u>Lunch</u> * Corndog & Fries * Pretzel & Cheese ◊ * Bagel & Cheese Stick ◊
<b>8</b> <u>Breakfast</u> Mini Bagel ◊  <u>Lunch</u> * Mac & Cheese ◊® * Pizza ◊ * Tuna Sandwich	<b>9</b> <u>Breakfast</u> Freshmade Muffin ◊  <u>Lunch</u> * French Toast & Sausage ◊ * Chef's Choice * Tuna Sandwich	<b>10</b> <u>Breakfast</u> Whole Grain Poptart ◊  <u>Lunch</u> * Pizza ◊ * Turkey Gravy w/Potatoes & Roll * Tuna Sandwich	<b>11</b> <u>Breakfast</u> Breakfast Tornado ◊  <u>Lunch</u> * Stuffed Cheese Stix w/Marinara ◊ * Fish Nuggets w/Sweet Fries * Tuna Sandwich	<b>12</b> <u>Breakfast</u> Cinnamon Roll ◊  <u>Lunch</u> * Orange Chicken w/Rice ® * Nachos ◊ * Bagel & Cheese Stick ◊
<b>15</b>  <b>No School</b>	<b>16</b> <u>Breakfast</u> Freshmade Muffin ◊  <u>Lunch</u> * Orange Chicken & Rice * Meatball Sub * Bagel w/ SunButter ◊	<b>17</b> <u>Breakfast</u> Breakfast Tornado◊  <u>Lunch</u> * Salisbury Steak w/Potatoes & Roll * Bean & Cheese Burrito ◊® * Roast Turkey Sandwich	<b>18</b> <u>Breakfast</u> Pancake Wrap  <u>Lunch</u> * Hamburger & Fries * Quesadilla & Beans ◊® * Roast Turkey Sandwich	<b>19</b> <u>Breakfast</u> Cinnamon Roll ◊  <u>Lunch</u> * Hotdog & Fries * Spaghetti & Meatballs ◊ * Roast Turkey Sandwich
<b>22</b> <u>Breakfast</u> Zucchini Bread◊  <u>Lunch</u> * Bean & Cheese Burrito ◊ * Soft Taco * Bagel & Cheese Stick ◊	<b>23</b> <u>Breakfast</u> Berry Pancakes ◊  <u>Lunch</u> * Pizza ◊ * Cheese Pocket & Tomato Soup ◊ * Bagel w/ SunButter ◊	<b>24</b> <u>Breakfast</u> Breakfast Tornado◊  <u>Lunch</u> * Turkey Gravy & Potatoes w/Roll * Fish Nuggets & Fries * Bagel & Cheese Stick ◊	<b>25</b> <u>Breakfast</u> French Toast Sticks◊  <u>Lunch</u> * Orange Chicken & Rice * Pizza ◊ * Bagel w/ SunButter ◊	<b>26</b>  <b>No School</b>
<b>29</b> <u>Breakfast</u> Mini Bagel ◊  <u>Lunch</u> * Mac & Cheese ◊® * Pizza ◊ * Tuna Sandwich	<b>30</b> <u>Breakfast</u> Freshmade Muffin ◊  <u>Lunch</u> * French Toast & Sausage ◊ * Chef's Choice * Tuna Sandwich	<b>31</b> <u>Breakfast</u> Whole Grain Poptart ◊  <u>Lunch</u> * Pizza ◊ * Turkey Gravy w/Potatoes & Roll * Tuna Sandwich	<b>1</b> <u>Breakfast</u> Breakfast Tornado ◊  <u>Lunch</u> * Stuffed Cheese Stix w/Marinara ◊ * Fish Nuggets w/Sweet Fries * Tuna Sandwich	<b>2</b> <u>Breakfast</u> Cinnamon Roll ◊  <u>Lunch</u> * Orange Chicken w/Rice ® * Nachos ◊ * Bagel & Cheese Stick ◊

Tasting Tables are happening every month. Check our website for more details.

**Breakfast**  
Includes Milk and fruit. Cold cereal is offered daily as a second option.  
\$1.50

**Lunch**  
Includes Bottomless Offering Bar and Milk.  
\$2.50

Extra white milk may be purchased.  
\$.50

Make your tray Right way!



Make half your tray Fruits and Veggies!!!

® = Scratch and Fresh made recipes ◊ = vegetarian or can be made vegetarian

*This institution is an equal opportunity provider.*