



BREAKFAST

APRIL 2019

Elementary

Students 1.50 Adults 2.00
All meals include milk & unlimited fruit, choice of string cheese, yogurt or eggs

Every Breakfast comes with choice of Protein and Fruit

Monday



1

Tuesday

Berry Pancakes
Sausage
Or
Cereal

2

Wednesday

Breakfast Tornado
or
Cereal

3

Thursday

Breakfast banana split
Or
Cereal

4

Friday

Cinnamon Rolls
Or
Cereal

5

Oatmeal & fruit
Or
Cereal

8

French Toast & sausage
Or
Cereal

9

Egg and cheese burrito
Or
Cereal

10

Breakfast Tornado
Or
Cereal

11

Cinnamon Rolls
Or
Cereal

12

Fruit Muffins
Or
Cereal

15

Scramble eggs &
hashbrowns
Or
Cereal

16

Breakfast Tornado
Or
Cereal

17

Pancake Wrap
Or
Cereal

18

Cinnamon Rolls
Or
Cereal

19

Zucchini Bread
Or
Cereal

22

Berry Pancakes
Sausage
Or
Cereal

23

Breakfast Tornado
or
Cereal

24

Breakfast banana split
Or
Cereal

25

Cinnamon Rolls
Or
Cereal

26

Oatmeal & fruit
Or
Cereal

29

French Toast & sausage
Or
Cereal

30

All meals meet the Federal Healthy Hunger free kids act of America

You may pay on your students account or apply for benefits at any school office or online on the school district web site

<http://www.ashland.k12.or.us/foodservices> and www.mymealtime.com to track your students account.

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