

Monday
Tuesday
Wednesday
Thursday
Friday

 Rooster is **your** Guide

 To Locally purchased and made from scratch options. Salad bar seasonal local produce
Chicken products are antibiotic and hormone free


is made from scratch or mostly scratch


1
Local beef Chili & corn bread
Vegetarian chili & cornbread
Sandwiches, salads or wraps
AMS TAILGATING CHILI COOK OFF


4

Mac & cheese
Cheese or garden burgers
Salad, Sandwiches or wraps

5


Pizza
Teriyaki Meatballs & rice
Salad, Sandwiches or wraps

6


Sloppy Joes & tots
Grilled cheese & soup
Salads, sandwiches or wraps

7

Chicken Burgers w/ ff
Garden burgers w/ ff
Chicken tenders / mashed
potatoes
Salads, sandwiches or wraps

8


Beef or Bean Nacho's
Corn dog's w/tots
Salad, Sandwiches or wraps

11

Cheese burger w/ ff
Garden burger w/ff
Beef or bean taco
Salads, sandwiches or wraps


12


Spaghetti with meat or marinara
sauce & Texas toast
Pizza
Salads, sandwiches or wraps

13


Beef or Veggie Chili &
cornbread
Tso's chicken & rice
Salad, Sandwiches or wraps

14


Beef or bean Nacho's
Pretzel w/cheese
Salad, Sandwiches or wraps

15

Chicken Tenders & potatos
Cheese stuffed sticks w/
marinara sauce
Salad, Sandwiches or wraps

18




19

Beef or chicken tornados
Orange chicken & rice
Salads, sandwiches or wraps

20


Beef or veggie Lasagna
Chicken tender's w/ potatoes
Salads, sandwiches or wraps

21


Pizza
Salisbury steak & potatoes
Salads, sandwiches or wraps


22


Meatloaf
Hotdogs & tots
Salads, sandwiches or wraps

25

Mac & cheese
Cheese or garden burgers
Salad, Sandwiches or wraps

26


Pizza
Teriyaki Meatballs & rice
Salad, Sandwiches or wraps

27

Conference day

28

Conference day

