

Monday

Tuesday

Wednesday

Thursday

Friday




Rooster is your Guide

To Locally purchased and made from scratch options. Salad bar seasonal local produce
Chicken products are antibiotic and hormone free

is made from scratch or mostly scratch

1
Cheeseburger w// ff
Garden burgers
Hot dogs w/ ff
Grab & go Salad, sandwiches and wraps

4
Sweet & sour chicken w/rice
Meatball subs
Salad, Sandwiches or wraps

 **5**
Pizza
Orange chicken & rice
Salad, Sandwiches or wraps

 **6**
BBQ Pork Riblet sandwich
Beef or bean Nacho's
Grab & go Salad, sandwiches and wraps

 **7**
Pizza
Corndogs & Tots
Grab & go Salad, sandwiches and wraps

8
Cheese, or garden burger & ff
Chicken tenders & ff
Salad, Sandwiches or wraps

 **11**
scratch made Grilled cheese & soup
#Beef or bean taco's

 **12**
Pizza
Meatloaf W/Potatoes and Texas toast
Salad, Sandwiches or wraps

13
chicken or garden burgers & ff
Chicken or veggie Alfredo
Grab & go salad, sandwiches and wraps

 **14**
Pizza
Beef or veggie Lasagna
Grab & go salad, sandwiches and wraps

15
Teriyaki chicken & rice
Steak or chicken tornados
Grab & go
Salad, Sandwiches or wraps




 **19**
Beef or veggie chili
Pizza
Grab & go Salad, sandwiches and wraps

20
General Tso's chicken & rice
Chicken burgers W/ ff
Garden burgers/ ff
Grab & go Salad, sandwiches and wraps

 **21**
Chefs choice
Pizza
Grab & go Salad, sandwiches

22
Cheeseburger w// ff
Garden burgers
Chicken Tenders & ff
Grab & go Salad, sandwiches and wraps

25
Sweet & sour chicken w/rice
Meatball subs
Salad, Sandwiches or wraps

 **26**
Pizza
Orange chicken & rice
Salad, Sandwiches or wraps

 **27**
BBQ Pork Riblet sandwich
Beef or bean Nacho's
Grab & go Salad, sandwiches and wraps

28
CONFERENCE DAY

Locally sourced: Pizza, sloppy joes, spaghetti, taco's meat, chili, lasagna & no meat.