

Every Breakfast come with Choice of Protein and fruit

Ashland High School

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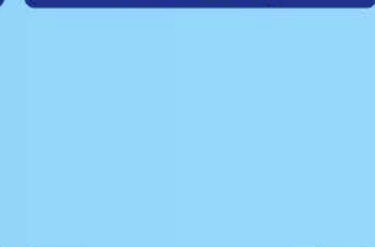
Monday

Tuesday

Wednesday

Thursday

Friday



4
French Toast & sausage
Fruit & Veggie breads
Cereal

5
Breakfast Tornado
Fruit Frudels
Waffles & sausage
Cereal

6
Pancake sausage wrap
Oatmeal
Breakfast Pizza
Cereal

7
Scrambled eggs, toast & Hash browns
Fruit Muffins
Breakfast Sick
Cereal

8
Cinnamon Rolls
Breakfast Sandwich
Made to order pancakes
Cereal

11
French Toast & sausage
Fruit & Veggie breads
Cereal

12
Breakfast Tornado
Fruit Frudels
Waffles & sausage
Cereal

13
Pancake sausage wrap
Oatmeal
Breakfast Pizza
Cereal

14
Scrambled eggs, toast & Hash browns
Fruit Muffins
Breakfast Sick
Cereal

15
Cinnamon Rolls
Breakfast Sandwich
Made to order pancakes
Cereal



19
Breakfast Tornado
Fruit Frudels
Waffles & sausage
Cereal

20
Pancake sausage wrap
Oatmeal
Breakfast Pizza
Cereal

21
Scrambled eggs, toast & Hash browns
Fruit Muffins
Breakfast Sick
Cereal

22
Cinnamon Rolls
Breakfast Sandwich
Made to order pancakes
Cereal

25
French Toast & sausage
Fruit & Veggie breads
Cereal

26
Breakfast Tornado
Fruit Frudels
Waffles & sausage
Cereal

27
Pancake sausage wrap
Oatmeal
Breakfast Pizza
Cereal

28
CONFERENCE DAY

