

2016-2017 Ashland Girls Basketball



Go Grizz!

Staff:

Head Coach – Antione Perry (541-601-3855, antione.perry@ashland.k12.or.us)

Assistant Varsity – Marius Boone

JV – Rosie Converse

JV2 –

Athletic Director – Karl Kemper

Team Goals –

- Work Hard – Be disciplined. Give 100% at practice to be successful in games.
- Be Accountable
- Have fun!
- Positive Attitude and Effort
- Respect – To Teammates, Coaches, Opponents, Refs

Calendar –

- Handout - Need commitments for CV (JV & V) Dec 20 & 21.
- Eugene teams do not have a JV2 team, you may be asked to assist on JV
- See Coach if you have any questions

Communication –

- Email is the best way to communicate with coaches
- Before or after games, Communication will be limited
- Must let a coach know if you are not going to make practice
- Missing practice could result in less playing time in the next game

Expectations –

- Players will show respect to all players and coaches
- Everyone is expected at practice everyday. Notify Coaches if missing or late for any reason.
- Sports bras or t-shirts are required under your practice jersey
- Injured players should be at practice helping and learning plays
 - If you go to a Doctor you will need a note to return to play
- Have proper equipment for practice and games
- Keep a clean locker room and follow the locker room rules
- Varsity should be at all JV games and JV players should be at all varsity games
- Uniforms to cleaned

Other:

- Practice –
 - No Cell phones at practice
 - Players must have practice jersey and shorts (Red or Blue) every practice
 - Practice times rotate with the boys' team, 4 to 6pm & 6 to 8pm during the week
 - Saturday practices will be generally 10am to noon
 - Parents are allowed in the gym balcony, Please no parents on the gym floor during practice
- Interviews / Social Media
 - No TV, radio or newspaper interviews will be given without the coaches' permission
 - No social media talk about the team or teammates (this could result in a suspension or dismissal from the team)
 - No negative talk about any opponent
- Play Time
 - There is no guaranteed play time for varsity players
 - All JV players will play in every game – time may vary
- Uniforms
 - Lost or ruined equipment will be charged to the students account
 - White uniforms are see through please have proper clothing underneath
- Academics - Ineligibility
 - Students must be passing 5 classes to be eligible to compete
 - If a student is ineligible for three straight weeks they may be dismissed from the team
- Varsity Letter
 - You have to play in 35 varsity quarters within the regular season
- Team Meals, Snack & Activities
 - Parent Volunteer to coordinate
 - Bus Snacks for long trips?
 - Activities will include all girls in the program

LET'S HAVE A GREAT SEASON!